

Appendix 12.5

List of Medications to Discontinue prior to Methacholine Challenge Testing

Timeframe	Medications to discontinue	
At least 1 to 2 weeks before testing	<u><i>Inhalers</i></u> Advair® - Fluticasone/salmeterol Breo® - Fluticasone/Vilanterol Symbicort® - Budesonide/Formoterol Trelegy® - Fluticasone/Umeclidinium/Vilanterol Zenhale® - Mometasone/Fomoterol	<u><i>Nasal Sprays</i></u> Flonase® - Fluticasone propionate <u><i>Oral Medications</i></u> Medrol® - Methylprednisolone Prednisone Any oral steroids, including Prednisone
At least 1 week before testing		<u><i>Nasal Sprays</i></u> Astelin® - Azelastine Avamys® – Fluticasone Furoate Dristan® - Pseudoephedrine/brompheniramine Dymista® - Fluticasone/Azelastine
At least 4 days before testing	<u><i>Inhalers</i></u> Anoro® - Umeclidinium and Vilanterol Duaklir® - Aclidinium and Formoterol Inspiroto® - Tiotropium and Olodaterol Seebri® - Glycopyrronium Spiriva® - Tiotropium	<u><i>Oral Medications</i></u> Actifed® - Triprolidine and pseudoephedrine Actifed PE® - Chlorpheniramine/phenylpropanolamine Advil Cold & Sinus® - Chlorpheniramine, ibuprofen, and phenylpropanolamine Aerius® - Desloratadine Allegra® - Fexofenadine Atarax® - Hydroxyzine Benadryl® - Diphenhydramine Blexten® - Bilastine Chlor-Tripolon® - Chlorpheniramine Claritin®/ Alavert® - Loratadine Dimetan® - Brompheniramine Dimetapp® - Pseudoephedrine Reactine/Zyrtec® - Cetirizine Rupall® - Rupatadine
At least 48 hours before testing	<u><i>Inhalers</i></u> Onbrez® - Indacaterol Oxeze® - Formoterol Serevent® - Salmeterol	<u><i>Oral Medications</i></u> Accolate® - Zafirlukast Singulair® - Montelukast Zyflo® - Zileuton Methylxanthine Derivatives, including Theophylline
At least 24 hours before testing	<u><i>Inhalers</i></u> Atrovent® - Ipratropium Bricanyl® - Terbutaline Combivent - Ipratropium /salbuterol Ventolin®/Airomir® - Salbutamol Alvesco® - Ciclesonide Arnuity® - Fluticasone furoate Flovent® - Fluticasone propionate Pulmicort® - Budesonide QVAR® - Beclomethasone	<u><i>Oral Medications</i></u> <u><i>Other Medications</i></u> Adrenalin®, EpiPen® - Epinephrine Isuprel® - Isoproterenol AccuNeb®, Proventil®, Volmax® - Salbuterol