



DUPIXENT[®]
(dupilumab) Injection

GETTING STARTED ON DUPIXENT

A guide for new patients
aged 12 years and older
with severe asthma with
a type 2 / eosinophilic
phenotype or
OCS-dependent asthma

To learn more
about DUPIXENT,
visit www.dupixent.ca

Brought to you by the

freedom
Support Program

Questions?

The Freedom Support Program and your dedicated nurse case manager are here to answer any questions you might have about treatment with DUPIXENT and the support services we provide.

We are just a phone call away!

 1-844-216-1181

Monday to Friday, 8 a.m.–8 p.m.
Eastern Standard Time



STARTING TREATMENT WITH DUPIXENT

You have been prescribed DUPIXENT, an injectable prescription medicine used with other asthma medicines for maintenance treatment of patients aged 12 years and older with severe asthma with a type 2 / eosinophilic phenotype or oral corticosteroid-dependent asthma, whose asthma is not controlled with their current asthma medicines.

Using DUPIXENT can reduce severe asthma attacks (exacerbations) and can improve your breathing. It may also help reduce the amount of another group of medicines you need to control your asthma, called oral corticosteroids.

DUPIXENT is not used to treat sudden breathing problems.

In the next few pages, you will find important information about DUPIXENT, advice about how to get started, and some tips to help you remember to take your medication as prescribed.

We would also like to introduce you to the Freedom Support Program – a patient support program for people prescribed DUPIXENT. As a Freedom Support Program member, you have access to a dedicated nurse case manager who will offer support services as needed throughout your treatment journey.

Please take some time to read through all the information in this booklet. If you have any questions, you can always contact the Freedom Support Program or your healthcare provider. It is our hope that we can provide you with the answers and assist you through your treatment journey.

**To learn more about your treatment with DUPIXENT
and the Freedom Support Program, visit Dupixent.ca**





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UNDERSTANDING SEVERE TYPE 2 / EOSINOPHILIC AND OCS-DEPENDENT ASTHMA

What is severe eosinophilic asthma?

Severe asthma with a type 2 / eosinophilic phenotype is a type of asthma in which patients have increased levels of eosinophils in their blood or lungs.

Eosinophils are a type of white blood cell that are associated with inflammation of the airways that can cause asthma to get worse or can increase the number of asthma attacks.

What is OCS-dependent asthma?

Patients with severe asthma may need to take oral corticosteroids (OCS) in addition to their other asthma medicines to provide additional control of the inflammation in their airways.

PREPARING FOR YOUR FIRST INJECTION

DUPIXENT is given by subcutaneous injection, which means it is an injection under the skin.



DUPIXENT dosing for severe eosinophilic asthma

- » First dose: 400 mg (two 200-mg injections)
- » Following doses: 200 mg every two weeks

Your doctor may choose to increase your dose to 300 mg every two weeks based on assessment.

DUPIXENT dosing for severe oral corticosteroid-dependent asthma

- » First dose: 600 mg (two 300-mg injections)
- » Following doses: 300 mg every two weeks

Refer to the Patient Medication Information for complete instructions regarding dosing and administration.

It is important that you remember to take your DUPIXENT as prescribed. See tips on page 11.

ADMINISTERING DUPIXENT

Before you use the pre-filled syringe for the first time, your healthcare professional will show you or your caregiver how to inject DUPIXENT. Do not try to inject DUPIXENT until you or your caregiver have been shown the correct way by your healthcare provider.

As a member of the Freedom Support Program, your dedicated nurse case manager will reach out to you to schedule your injection training with a healthcare provider, if they haven't done so already. The healthcare provider will train you on how to inject properly and answer any questions you may have. It is important that you understand how to administer DUPIXENT and feel comfortable self-injecting.

Need help administering DUPIXENT?

The Freedom Support Program is there for you. Support is only a phone call away.

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For more information on DUPIXENT administration, please consult the "Instructions for Use" section of your DUPIXENT product leaflet. Read these instructions thoroughly before your injection and keep the instructions in front of you while administering DUPIXENT so you can refer to them as needed.

These steps are also available for reference on Dupixent.ca.

PROPER STORAGE OF DUPIXENT



Store in a refrigerator (2°C - 8°C). Do not freeze.



Keep the pre-filled syringe in the outer carton to protect it from light.



Keep out of reach and sight of children.



Do not use this medicine after the expiry date, which is stated on the label and carton.



Do not use this medicine if the solution is discolored or cloudy, or if it contains visible flakes or particles.

What if I leave DUPIXENT out of the refrigerator?

If necessary, pre-filled syringes may be kept at room temperature up to 25°C, away from direct heat and light, for a maximum of 14 days. Do not store above 25°C. After removal from the refrigerator, DUPIXENT must be used within 14 days or discarded.

Do not expose to extreme heat.

HOW TO THROW OUT YOUR SUPPLIES



Use the right container

Once you have completed your injection, put your used pre-filled syringe in a puncture-resistant container right away. Never put them in your household trash.

Always keep the container out of the reach of children. Ask your healthcare provider or pharmacist how to throw away the container. Do not recycle the container.

A puncture-resistant container is one that:

- › Is made of heavy-duty plastic
- › Has a tight-fitting lid that is also puncture-resistant (without sharps being able to come out)
- › Can stay upright during use
- › Is leak-resistant
- › Is properly labelled as hazardous waste

Ask your healthcare professional about provincial or local regulations regarding the proper way to dispose of your puncture-resistant container.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

HELPING YOU WITH YOUR INJECTION SCHEDULE

Take DUPIXENT as prescribed

You might wonder how to remember your injections. After all, it is easy to forget doing something new, like taking your medicine once every two weeks. But it is important to take DUPIXENT exactly as directed by your doctor. The following is a list of tips designed to help you remember to take your medication as prescribed.



Use your smartphone to set up automated reminders

- › You can receive reminders for taking your injections and scheduling medication refill dates by setting up alerts on your smartphone.
- › You can also use an app on your smartphone to help you stay on track.
- › Do not wait until the last moment to renew your next DUPIXENT prescription. Ask your doctor or pharmacist when you will require a refill and schedule it into your smartphone.

Choose a memorable day

- › Take DUPIXENT on a day of the week when you already have another regular activity, such as a regularly scheduled class, recycling day or payday.

Choose a day that is less affected by changes to your routine

- › Fridays and Mondays may not be ideal because they can be disrupted by holidays. Weekends may not be ideal because you might do different activities every time.

Remember to follow your injection schedule and plan ahead!

WHAT IF I MISS A DOSE?

If you miss a dose of DUPIXENT, give yourself the injection within 7 days from the missed dose, and then continue with the original schedule. If the missed dose is not given within 7 days, wait until the next scheduled dose for your DUPIXENT injection.

Example of a missed dose

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Scenario 1:

Your DUPIXENT injection is scheduled every 2 weeks following your first dose. If you normally inject on Wednesday the 17th but only remember on Saturday the 20th, you would inject DUPIXENT on Saturday the 20th and then again on Wednesday the 31st since it is the next Wednesday of your regular schedule.

Scenario 2:

If you only remember your missed injection on the Thursday the 25th, wait until your next scheduled injection, Wednesday the 31st.



IMPORTANT INFORMATION ABOUT DUPIXENT

Who should NOT use DUPIXENT?

Do not use DUPIXENT if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

DUPIXENT can potentially cause serious side effects, including generalized allergic (hypersensitivity) reactions and anaphylactic reaction. Check for signs or symptoms of these conditions (i.e., breathing problems, swelling of the face, lips, mouth, throat or tongue, fainting, dizziness, feeling lightheaded (low blood pressure), fever, general ill feeling, swollen lymph nodes, hives, itching, joint pain, skin rash) while you are taking DUPIXENT.

Stop taking DUPIXENT and tell your healthcare professional or seek medical help immediately if you experience any signs or symptoms of an allergic reaction.

DUPIXENT is not a rescue medicine and should not be used to treat a sudden asthma attack.

Do not stop or reduce your asthma medicines, unless instructed by your doctor. These medicines (especially ones called corticosteroids) must be stopped gradually, under the direct supervision of your doctor. Rarely, patients taking DUPIXENT may develop inflammation of blood vessels or lungs due to an increase of certain white blood cells (eosinophilia). This usually, but not always, happens in people who also take corticosteroids, which are being stopped or for which the dose is being lowered. Tell your healthcare professional immediately if you develop a combination of symptoms such as a persistent fever, shortness of breath, chest pain, rash, and/or pins and needles or numbness of arms or legs.

What should I tell my doctor before taking DUPIXENT?

To help avoid side effects and ensure proper use, talk to your healthcare provider before you take DUPIXENT. Talk about any health conditions or problems you may have, including if you:

- » Have a parasitic infection (intestinal parasites). If you already have a parasitic infection, it should be treated before you start treatment with DUPIXENT. If you live in a region where these infections are common or if you are travelling to such a region, check with your doctor
- » Are pregnant or plan to become pregnant. It is not known if DUPIXENT will harm your unborn baby. Tell your healthcare provider if you become pregnant while taking DUPIXENT
- » Are breastfeeding or plan to breastfeed. You and your healthcare provider should decide if you will take DUPIXENT or breastfeed. You should not do both without talking to your healthcare provider first

- » Have other allergic conditions or are taking other asthma medicines
- » Are scheduled to receive a vaccination
- » Have eye problems (e.g., itching, redness)

You should also tell your doctor about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

What are the possible side effects of DUPIXENT?

DUPIXENT may cause allergic reactions (hypersensitivity), including a severe reaction known as anaphylaxis. Stop taking DUPIXENT and tell your healthcare professional or seek medical help immediately if you notice any signs or symptoms of an allergic reaction, such as:

- » Breathing problems
- » Swelling of the face, lips, mouth, throat or tongue (angioedema)
- » Fever
- » Feeling ill
- » Swollen lymph nodes
- » Hives
- » Itching
- » Skin rash
- » Skin or eyelid itching
- » Joint pain
- » Fainting, dizziness, feeling lightheaded (low blood pressure)

DUPIXENT may cause eye problems, including eye pain or change in vision. Tell your healthcare professional if you have any new or worsening eye problems.

The most common side effects of DUPIXENT include:

- » Injection-site reactions
- » Eye and eyelid inflammation, including redness, swelling, itching, and/or dryness
- » Eye infections
- » Cold sores in your mouth or on your lips (oral herpes)
- » Extra high amount of a certain white blood cell (eosinophilia)
- » Trouble sleeping (insomnia)
- » Gastritis
- » Joint pain (arthralgia)
- » Headache

These are not all the possible side effects you may experience when taking DUPIXENT. If you have a troublesome symptom or a side effect that is not listed here, talk to your healthcare provider.

Inform your healthcare provider that you are taking DUPIXENT if you recently received a vaccine or if you are about to receive a vaccine. DUPIXENT should not be used at the same time with certain types of vaccines.

THE FREEDOM SUPPORT PROGRAM

The Freedom Support Program:

A program defined by the service we provide



PERSONALIZED
support



SPECIALIZED
care



PASSIONATE
team

What is the Freedom Support Program?

Freedom is a support program for patients prescribed DUPIXENT.

How can we help?

The Freedom Support Program offers a comprehensive range of support services and educational resources throughout your treatment journey with DUPIXENT. We are committed to helping you get the most out of your DUPIXENT treatment by providing the support of a nurse case manager, educational resources, reimbursement assistance services and injection training.

Questions?

The Freedom Patient Support Program and your dedicated nurse case manager are here to answer any questions you might have about treatment with DUPIXENT and the support services we provide.

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